

Build a Story



PURPOSE:

Build trust and inspire creativity

MATERIALS:



Everyday items



Bag

TIMING:



20–30 minutes

DIRECTIONS:

1. Collect a number of items from your unit or department. Include everyday items such as pens, phones and key rings, as well as items unique to your unit’s work, like a stethoscope or needle tray (just make sure they are unused and wrapped).
2. Place them all in a bag, and pass the bag around the group and invite each person to reach into the bag and, without looking, pull out one of the objects.
3. The first person begins a story that features his or her chosen object.
4. After 20 seconds, the next person takes up the story and adds another 20 seconds, incorporating the object he or she is holding. And so on, until everyone has made a contribution to your epic object tale.